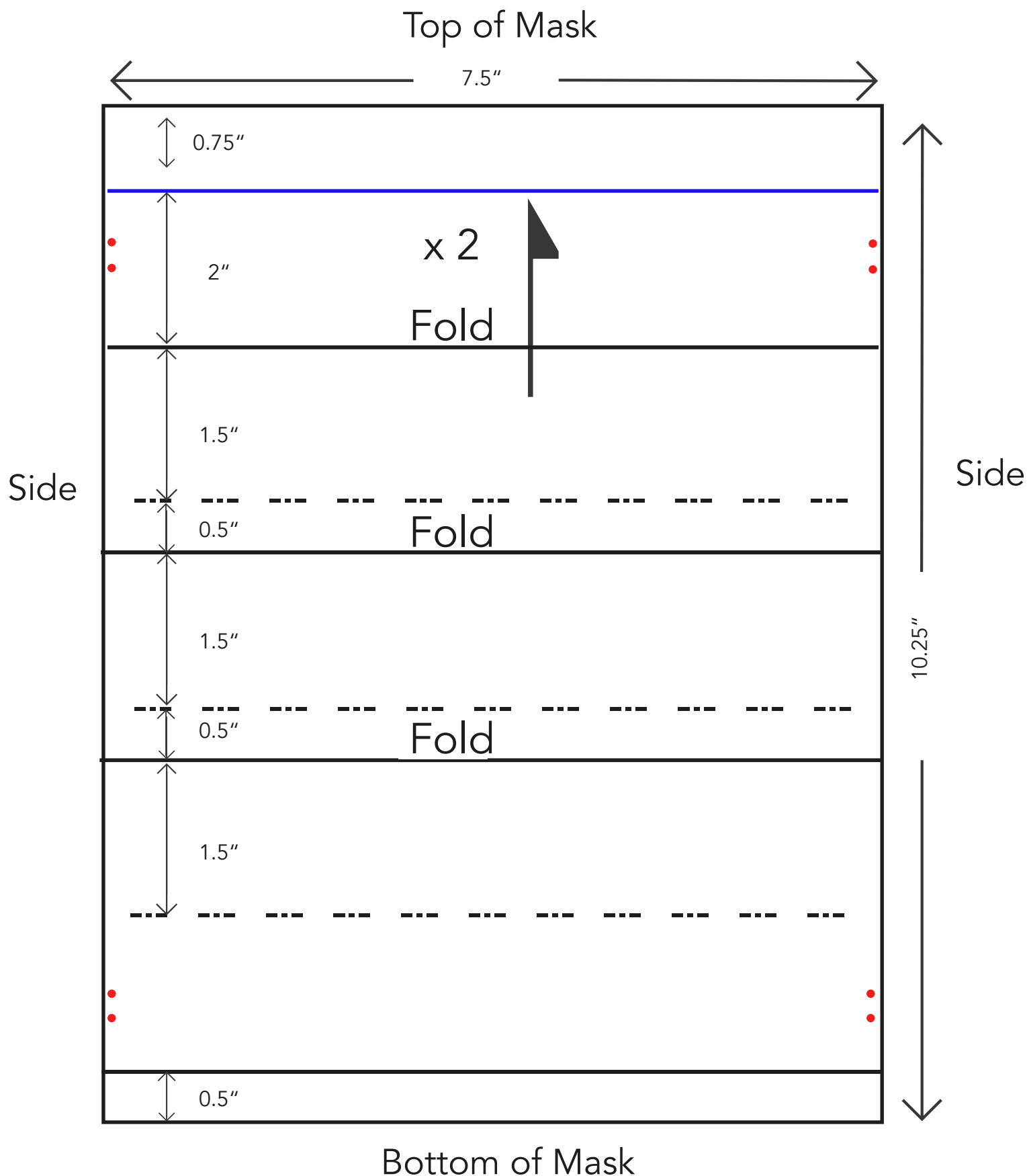


Pleated Face Mask Pattern

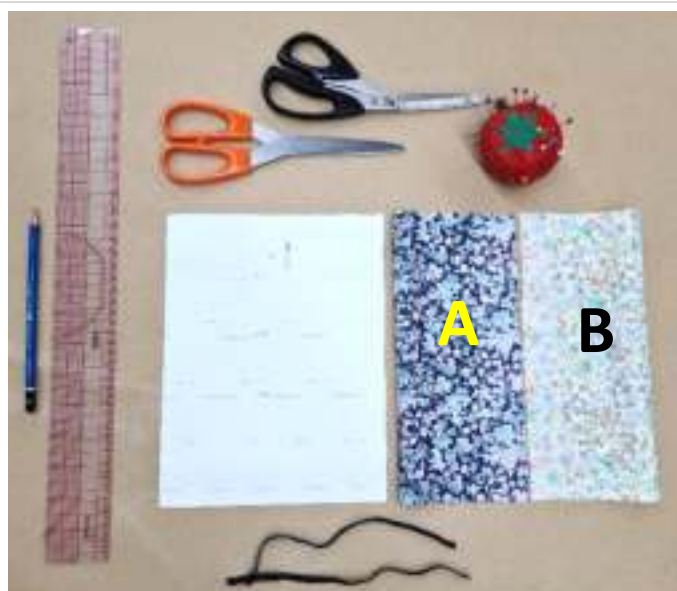
This pattern is **not** to scale.
This pattern includes seam allowances.



PLEATED FACE MASK: Instructional Guide



Skill Level Needed:



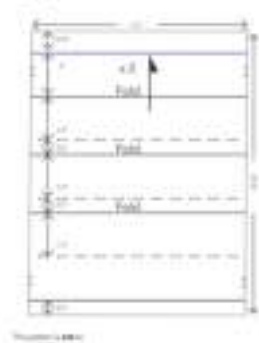
Step 1

- Prepare your materials:
 - Mask outer layer fabric (A) and mask lining fabric (B)*
 - * Be sure wash all fabrics in hot water with detergent, then dry and iron before use.*
 - Fabric and paper scissors
 - Printed copy of Pleated Face Mask pattern instruction
 - ¼" (6mm) wide elastic
 - Thread, chalk or coloured pencil, and sewing pins (not shown in photo)

Step 2

- Using the Pleated Face Mask Pattern as a guide, draw the same grid to scale on the wrong side of both your outer layer (A) and lining (B) fabrics.
- Also mark the *blue line* as indicated on the pattern guide. This is the top hemline.
- Mark the *red dots* indicated on the pattern guide. This is where the elastics will be attached.

taff Pleated Face Mask Pattern





Step 3

- Double hem the top of the mask fabric, pin and sew. Repeat for the mask lining fabric.
- Optional: A nose wire can be inserted to the hem of the outer fabric (A) in this step.



Step 4

- On the right side of the lining fabric, sew ends of elastics to the marked elastic-attachment points.
- Elastics should loop inwards (see photo).



Step 5

- Lining up the finished top edges of the inner and outer layers, place the fabrics together, right sides facing together.



Step 6

- Keeping the elastics between the layers, sew down the long sides and the bottom of the mask, at $\frac{1}{2}$ " (13mm) from the cut edges.



Step 7

- Using the openings at top of the mask, turn the mask right side out.
- Press with an iron if necessary.



Step 8

- Laying the pattern guide on the outer layer, use the elastic attachment points to align the pattern.
- Centralise your pattern and mark the fold and dash lines on the outer layer of the mask.



Step 9

- With the top of the mask closest to you, bring your first fold line up to meet the first dash line on both sides of the mask. Pin.



- Repeat this for two more folds.
- Note: The pleats for this mask face downwards.



Step 10

- Taking care to keep the pleats at right angles to the edge, sew a straight stitch down the side of the mask, twice for security, at a generous $\frac{1}{4}$ " away from the edge.
- Repeat for other side of mask.
- Remove pins and press with an iron if necessary.



Step 11

- Your mask is complete.
- Be sure to wash and dry your mask before first use.
- You can use the opening between layers for a filter insert. Filter inserts for this pattern of mask should measure $8\frac{1}{2}$ " by $5\frac{1}{2}$ ".
- Be sure to take regularly wash your home mask and rotate masks between uses.