

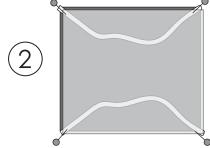
CUT 2 DIFFERENT FABRICS 9"W x 8"H (23 x 20 CM)

(cotton fabric)

CUT 2 PIECES OF ELASTIC 13" (33 CM) (1/4 or 1/8 in. wide) *MASK SECURES BEHIND THE HEAD*



CUT 4 TIES
18" (46 CM)
(knit fabric or bias strips)

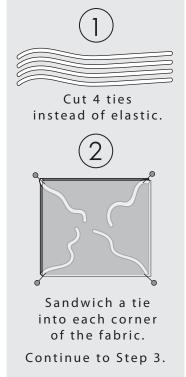


OPENING

SANDWICH + PIN ELASTIC

With right sides of fabric together, sandwich the two elastic pieces between the fabric layers.

Pin each end to the longer fabric side corners. Make sure elastic is not twisted!

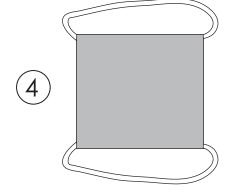


SEW PIECES TOGETHER

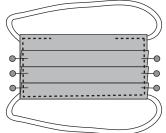
Sew around the mask with a 1/2" seam allowance, leaving a 3" opening.

At the corners, sew forward and back to secure the elastic (or ties) in place. Make sure the elastic is angled into the corners of the fabric, and that you don't sew over other parts of the elastic as you go.

Remember to leave an opening!



PIN + SEW PLEATS



Turn mask right side out.

Fold fabric to create 3 evenly spaced pleats and pin. Finished mask will be 3 inches tall.

Topstitch around, sewing pleats in place.

Do not sew the opening closed, so a FILTER can be added, as needed.

ADDITIONAL SIZING

	FABRIC	ELASTIC	TIES
Adult Small	8X8 IN (20X20 CM)	12 IN (30.5 CM)	18 IN (46 CM)
Teen	8X8 IN (20X20 CM)	11.5 IN (29 CM)	17 IN (43 CM)
Child + Toddler	8X8 IN (20X20 CM)	11 IN (29 CM)	16 IN (41CM)

ADDITIONAL IDEAS

To help the mask mold better around your nose, you may insert a pipe cleaner, floral wire, or small piece of flat bendable metal to the top inside of the mask before forming the pleats. Sew a topstitch next to it, to hold it in place.

NOTES Please check with your local support centers before making large quantities of masks, to ensure they can accept and use them.

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