

1. Working at Height is described as?

A) Climbing the stairs

B) Any place at, above or below ground level, with a risk of injury if you fall from that place

C) Standing on a roof

D) Using a ladder

2. The WAHR 2005 regs explain the need for a risk assessment when working at height. When is this required?

A) Only when 500mm or more from the ground.

B) All working at height

C) Only on construction sites

D) Only working at your own home

3. BS 1004:2004 states the spacing between guardrails on a mobile tower shall be no more than?

A) 470mm

B) 150mm

C) 300mm

D) 200mm

4. The main guardrail of a mobile tower that conforms to BS 1004:2004 will be no more than _____ from the platform?

A) 1.5m

B) 450mm

C) 950mm

D) 900mm

5. BS 8460:2005 gives guidance on the safe distance from power cables on steel towers. What is that distance?

A) 1m

B) 15m with the boom to full extension

C) 7m with the boom to full extension

D) If not critical

6. BS 8460:2005 recommends operators inspect their machines by following the appropriate manual, but how often?

A) At the start of the week

B) Prior to use

C) At the end of the week

D) Only If you suspect a fault

7. LOLER 1998 requires a MEWP to be thoroughly inspected how often?

A) Prior to use

B) Six weekly

C) Six monthly

d) Monthly

8. The HSE recommends two methods to construct a mobile scaffold tower safely. Name them?

A) APR system + 6T System

B) AGR system + 3T System

C) AGR system + 6T system

D) APR system + 3T system

9. Leaning ladders should be erected at an angle of _____ degrees?

A) 72 degrees

B) 30 degrees

C) 75 degrees

D) 47 degrees

10. A guardrail provides what kind of protection?

A) Defensive

B) Collective

C) Protective

D) Perfect

11. Ladders and steps are for short durational use, so how long should they be used in one position?

A) 10-12 minutes

B) 15-30 minutes

C) 1-3 hours

D) As long as you like

12. The European Standard of EN365 recommends a harness should be inspected every _____ as a legal requirement?

A) Day

B) Week

C) 6 Months

D) 12 Months

13. The HSE recommend the use of a harness in what type of MEWP?

- A) Boom type
- B) Vertical type
- C) All MEWPs
- D) Never

14. LOLER 1998 requires 4 things to be marked on a MEWP. What are they?

- A) SWL, wind speed, max people in cage and LOLER certificate
- B) Machine weight, model of machine, tyre size and tyre pressure
- C) Wind speed, engine type, max people in cage and LOLER certificate
- D) Max people in cage, engine type, model of machine and LOLER certificate

15. A harness is required to display 2 things?

- A) Size and name of manufacturer
- B) Manufacturers name and serial number
- C) Serial number and size
- D) Size and BS EN standard